

Community Sparks Change

Sport, Health & Wellbeing for Young People

Programme overview

Community Sparks Change (CSC) is a youth-focused sport, health and wellbeing organisation with community roots. We use sport, physical activity, mentoring and positive experiences to help children and young people become healthier, more confident and engaged.

Sport & Physical Activity

Football, fitness, multi-sport and active games, with teamwork and participation at the heart.

Health & Wellbeing

Healthy lifestyles and positive experiences that aim to support confidence, wellbeing and development.

Mentoring & Youth Development

Trusted relationships, personal goals, life skills and employability as part of a wider youth-development pathway.

Inclusive Programmes

SEND-inclusive activities. Contact CSC to discuss individual support needs and programme suitability.

Supporting offers

CSC Sports Academy, Sparks Mentoring, school programmes and targeted interventions, DIL workshops, education and enrichment, Holiday Clubs, community centre programmes, community-led research and community events.

Schools & Partners

Discuss sport, physical activity, youth mentoring, wellbeing or targeted interventions for your school or service. Share the age group, setting, priorities and preferred timings. Programme arrangements are agreed through enquiry.

Our Lambeth base

Lambeth is CSC's only current location. Heathbrook Hall, 117–119 Heath Road, London, SW8 3BB.

Programme & Partnership Enquiries

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communitysparkschange.org